

# Coota Gulla Preschool Procedures



## Sun Protection

Associated National Quality Standard	Education and Care Services National Law or Regulation	Associated Departmental policies, procedures or guidelines
<a href="#">2.2</a>	<a href="#">114</a>	<ul style="list-style-type: none"><li><a href="#">Student Health in NSW Schools: A summary and consolidation of policy</a></li></ul>
Next Review Date:		15/06/23

There are multiple shaded areas for outdoor play:

1. There is a covered veranda set up with activities. The veranda is surrounded by some fixed, clear panels.
2. There are shade cloths covering the fixed equipment.
3. There are shade cloths over the sandpit and part of the artificial grass.

The outdoor area provides a balance of shaded area and exposure to sunlight.

While outdoor time is timetabled to ensure a balance of indoor/outdoor time this is flexible to take into consideration the time of the year and to avoid the most harmful times of the day. Daily variations also occur if the temperature is high on a particular day.

Regardless of the time of year all children are required to wear a hat when outdoors. If a child has forgotten their hat they are loaned a hat. The hat is labelled with the child's name for the day and is laundered before it is given to another child.

School hats are available for purchase and they are broad-rimmed. Alternatively, parents/carers can provide a non-school hat as long as it is broad-rimmed, for example a bucket hat.

SPF50+ broad-spectrum water-resistant sunscreen is available at the preschool. On arrival parents/carers apply sunscreen to their child. At this time any special requirements the child may have with sun protection (including allergies) are discussed with staff. Children reapply sunscreen before going outdoors for afternoon play. Sunscreen is stored in a cool, dry place and the use-by-date is monitored.

Sun protection is included in the preschool's learning program. Children are informed of the dangers of being out in the sun (age appropriate) and they discuss everything they need to do to be safe when outdoors.

It is recommended that parents/carers purchase a school preschool shirt for their child which has a collar and sleeves for added protection. The material is also UV protected.

When planning excursions or other outdoor activities, sun safety is included in the Risk Assessment Plan including ensuring adequate shading during the hottest part of the day. If adequate shading is not available then the venue is not suitable for an outing.

Information regarding sun safety (from the Cancer Council) is included as part of the Enrolment Package and highlighted during Orientation. It is also available on the school website.

All educators, including other staff on duty, must wear a suitable hat when outdoors.

All visitors to the preschool are encouraged to role model sun safe behaviours.