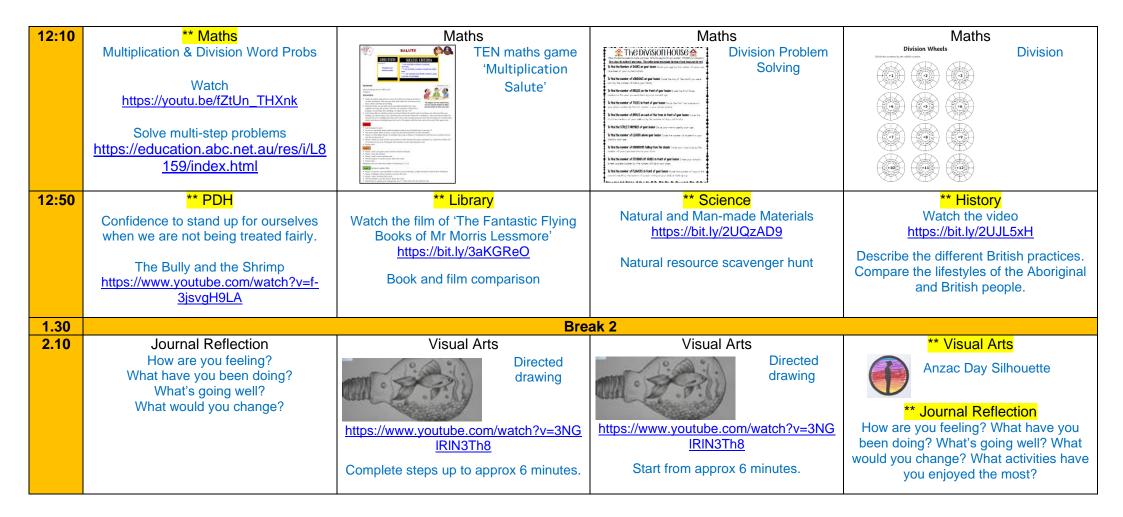
## STAGE 3 REMOTE LEARNING TIMETABLE – WEEK 11

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
9:10	20mins Reading			
9:30	Persuasive Writing Plan a design for a persuasive poster on how to maintain proper hygiene.	Persuasive Writing Design a persuasive poster on how to maintain proper hygiene.	** Persuasive Writing Write a paragraph explaining your poster then upload both to your Dojo Portfolio	Persuasive Writing Class debate on Dojo Class Story 'Is personal hygiene important?'
10:10	Crunch and Sip			
10:20	Vocab – word of the day 'proportionate'	** Vocab – word of the day 'possibility'	Vocab – word of the day 'reversible'	Vocab – word of the day 'selfish'
10:30	** Reciprocal Reading Kids News https://bit.ly/2X4llfH	** Reading Eggs / Mathletics	Reciprocal Reading School Magazine https://theschoolmagazine.com.au/reso urces/april-fool	Reciprocal Reading School Magazine https://theschoolmagazine.com.au/reso urces/dossier-of-discovery-a-seashell- smorgasbord
11:00	Break 1			
11:40	Mindfulness  Sit quietly, breathe and check in with yourself to see how you are feeling	A critical thinking exercise for your bron  1. Think of two things that are similar (eg apple and orange). After fishing the similarilies thy to find differences between them. How many can you think off  2. Select how very different things (eg canot and microphone). After fishing the differences between them, thow many can you think off  2. Select how very different things (eg canot and microphone). After fishing the differences by to find common altibules. How are they the same?  Other examples:    Assert and brain	Mindfulness  Sit quietly, breathe and check in with yourself to see how you're feeling	CCT Crunches  F.O.O. Fight  A circal Phinting exercise to your brain  ROW TO PLAY  10 Your will need these people.  1 You will need these people.  1 You will need these people.  1 You will need the people.  2 He will need the people will need to people.  1 He will play the people will need to people.  1 He will play the people will be found to the found to people will need to people willi
	Fitness	Fitness	Fitness	Fitness
	Complete the following exercises. How many reps can you do? Challenge a family member to complete it with you?  * 15 lunges  * 15 squats  * 15 leg raises on each leg  * 15 exercise of your choice	PE with Joe – 8 min workout  https://www.youtube.com/watch?v=uqL NxJe4L2I	"Swing Dance" Zumba video <a href="https://www.youtube.com/watch?v=fVcP">https://www.youtube.com/watch?v=fVcP</a> <a href="https://www.youtube.com/watch?v=fVcP">JrBJhbk</a>	Go Noodle: Trolls 'Can't Stop This Feeling' <a href="https://www.youtube.com/watch?v=Khfk">https://www.youtube.com/watch?v=Khfk</a> <a href="https://wwy.youtube.com/watch?v=Khfk">YzUwYFk</a>



<sup>\*\*</sup> Please submit these tasks to your teacher on Class Dojo