

Home Activities to choose from and complete with your children:

Go for a walk	Help clean the dishes	Help with cooking	Read a book -Ask your child what was the story about? -What was your favourite part of the story.
Engage in yoga	Hop on the spot 10 times	No TV or iPad for a day	Make Playdough
Draw or Paint a picture	Sing a song or nursery rhyme	Eat a healthy lunch	Have a dance party
Practice writing your name	Clean your room	Tell a joke	Count from 1 to 20 (can count objects such as pencils, apples, jump them)
Find different shapes around the house (example window can be a rectangle shape)	Play a game of hide and seek	Reading Eggs or Mathletics	Practice putting socks and shoes on