# Stage 1 - Week 2 - Term 4





Dear Students, Parents and Carers,



I would like to invite the students of our class to join me in a Zoom meeting, where we can connect and catch up. There are some housekeeping rules that we need to understand before we can proceed.

Zoom is the 'live' video conferencing platform teachers may use for online meetings. The classroom teacher will always be the host of the meeting and will send you an invite for you to join a meeting at a specific time.

When you first arrive at a zoom meeting you will be placed in a waiting room. This allows the teacher to commence the lesson when most people are present – much as they would at school. The Zoom session will not go ahead if you are the only student to join that particular meeting. If this happens, the teacher will end the meeting and reschedule for another time.

The expectations below are designed to ensure Zoom lessons/meetings are safe and productive. If your teacher feels you are not meeting these requirements, you will be given the opportunity to correct the issue. However, if your teacher is not satisfied that the issue has been rectified, you will be removed from the meeting.

	Expectations of Students
Dress Code	Please dress neatly, pyjamas are not appropriate
Location	You should be in a 'common' area within the house where you are visible to other members of your house. Great locations include the kitchen or dining room table or lounge room. You should try to position yourself so there is a blank wall background behind you that gives you privacy and not distract others. You cannot and should not use Zoom from a bedroom.
Positioning your Camera	Cameras should be positioned to only display from the shoulders up.
Recording Zoom calls	Recording audio, recording video or taking any photographs of a Zoom call with a teacher or student(s) is strictly prohibited.
Speaking and Listening	As in a normal lesson, it is important that you exercise good self-discipline and listen carefully to your teacher throughout the lesson/meeting.
	Unless instructed otherwise by your teacher, you should MUTE your audio. Exceptions to this might occur if you are asked a question or if you are taking part in a conversation your teacher has initiated.
Parent Involvement	Parents may assist with helping you to set up the technology, however, are requested not to join any group/class Zoom meetings/lessons being moderated by the teacher. When the Zoom meeting is completed the teacher will wait for all students to exit the meeting so that students do not continue chatting without the teacher present.
Liverpool West PS	Remember our School Rules when attending Zoom meetings/lessons:
School Rules	Be Safe – Always report inappropriate behaviour and inappropriate material to your teacher.
	<b>Be Respectful</b> – Make sure you are an active listener when another student is giving their ideas or opinions or answers.
	Be a Learner – Focus on instructions from your teacher and stay on-task.

# What else can I do each day when I have finished my activities?















\$ 30	Day I	itnes	S Chall	© The Mum Educate
Do 10 star jumps.	Hop around like a frog for 20 seconds.	Touch your toes 10 times.	Balance a ball on your head.	Spin in a circle for 10 seconds.
Day 1 X Walk like a crab for 1 minute.	Day 2 CC Stretch as high as you can.	Day 3 Chotse a song and create your own dance routine for the songl Perform it in front of your family.	Day4 Sub Pick up a ball from floor without using your hands.	Day 5 Take 10 giant steps.
Balance on one leg for 30 seconds. Day 11	Do 6 cartwheels.	Lay on your back and peddle your legs like you are on a bike. Day 13	Skip the rope for 1 minute.	Make your own hopscotch. Play it for 1 minute. Day 15
Stretch like a cat. Do it 5 times. Day 16	Do an egg and spoon race with your sibling. Day 17	Dance like a chicken for 1 minute Day 18	Walk backwards 10 steps and then skip back	Do 10 squats in 30 seconds.
Wiggle like a worm for 20 seconds. Day 21	Do Yoga for 10 minutes. You can find videos on YouTube. Day 22	Tiptoe for 15 seconds.	Throw a ball in the air and catch it. Repeat 10 times. Day 24	Shalee your arms and clap your hands. Do thi 5 times. Day 25
Create your own obstacle course and time yourself doing it!	Do gorilla shuffle for 15 seconds.	Lay on the floor. Lift your arms and legs above the floor for 10 seconds. Day 28	Balance a book on your head for 15 seconds.	Do 10 sit ups in one minute. Day 30



Starting today – Monday October 11<sup>th</sup> complete an activity each day and upload a video to Class Dojo of you completing the fitness challenge. Start on Day © The Mum Educates clap your hands. Do this Shake your arms and Spin in a circle for 10 hopscotch. Play it for Do 10 sit ups in one Take 10 giant steps Do 10 squats in 30 Make your own minute. minute. 5 times. seconds seconds. Day 15 Day 20 Day 10 Day 25 Day 30 Day 5 Dance like a chicken for | Walk backwards 10 steps without using your 🚗 . Pick up a ball from floor and catch it. Repeat 10 C Balance a book on your Balance a ball on your ş Throw a ball in the air and then skip back. head for 15 seconds. Skip the rope for 1 minute. hands. times. head. And Day 14 Dau 19 Dau 29 Day 24 Day 4 Dau 9 Lay on the floor. Lift your 2 arms and legs above the the song! Perform it in front your own dance routine for Choose a song and create Lay on your back and Tiptoe for 15 seconds. peddle your legs like Touch your toes 10 floor for 10 seconds you are on a bike.

of your family.

Day 8

Dau 7

Day 6

.....

Do 6 cartwheels.

Balance on one leg for

30 seconds

times.

Hop around like a frog

Do 10 star jumps.

for 20 seconds.

Dau 3

Day 2

>

Day 1

Stretch as high as you

Walk like a crab for 1

minute

can.

1 minute.

Day 13

Day 12

Do an egg and spoon race with your sibling

Stretch like a cat. Do it 5

Day 11

times.

Day 18

Day 17

Day 16

Do Yoga for 10 minutes.

Wiggle like a worm for

20 seconds.

You can find videos on

G

fouTube.

Day 23

Create your own obstacle | Do gorilla shuffle for 15

Day 22

Day 21

seconds.

course and time yourself

doing it!

Day 26

Day 28

Day 27

Ŀ

# Monday

# Spelling

buzz	cruise	squee <mark>ze</mark>
zip	snee <mark>ze</mark>	amu <mark>se</mark> ment
his	chee <mark>se</mark>	brui <mark>se</mark>
nose	stair <mark>s</mark>	applau <mark>se</mark>
fizz	becau <mark>se</mark>	scissors

This week we are focusing on the /z/ phoneme - /z/ - z, zz, s, se, ze

These will be your spelling words for the week. Keep the paper or take a photo of your words to look at each day.



Choose 5 words from the list above that you would like to learn and write them below.

Write 5 rocket words that you need to learn below.

5 rocket words	5 words from above



IMPORTANT! Click the link or scan the QR code to learn how to complete the spelling list each week: <u>https://bit.ly/399RV65</u>

# Spelling

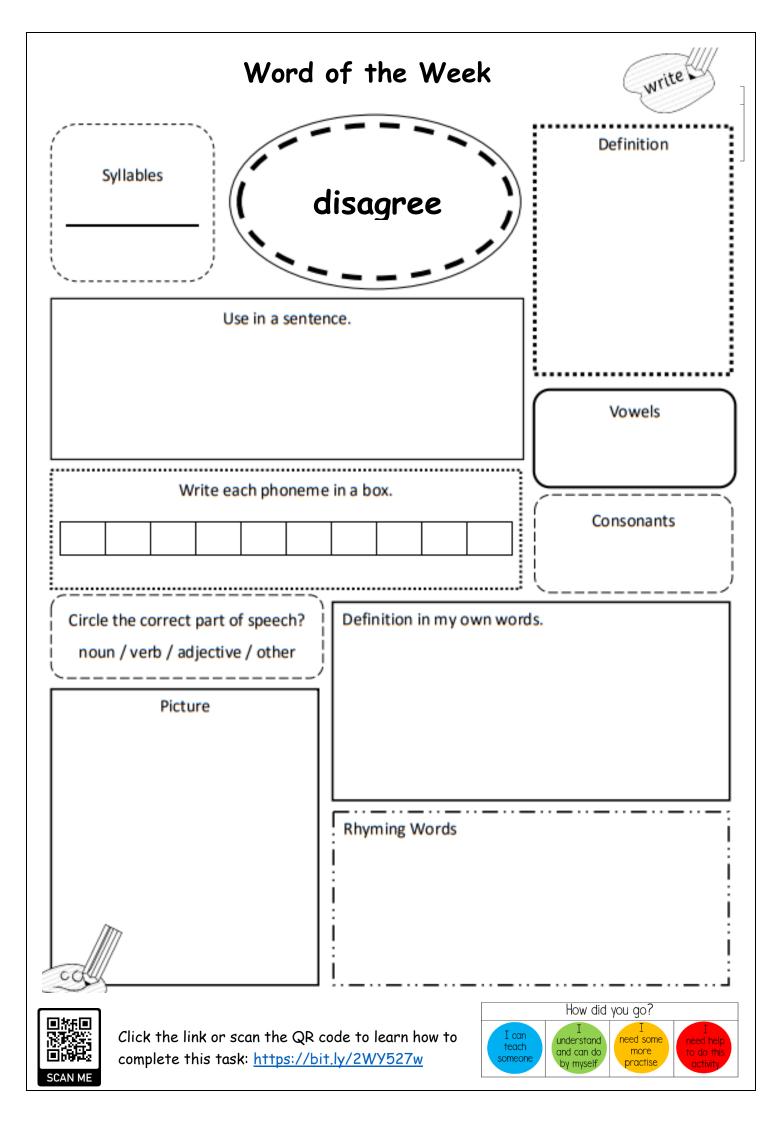


Complete this table each day with the words chosen on the previous page. You should have 5 rocket words from your current list ad 5 words from our phonics focus.

	Look, Say, Cover, Write, Check							
Monday	Monday Tuesday Wednesday Th							
- Contraction of the second se								
A CONTRACTOR								



IMPORTANT! Click the link or scan the QR code to learn how to complete the spelling list each week: <u>https://bit.ly/399RV65</u>



# Writing

# How the Birds Got Their Colours

Dreamtime stories are the stories of events that describe important features of Aboriginal spiritual beliefs and how the universe came to be! Some of these stories are over 65,000 years old! Most Dreamtime stories have a 'moral' – which means the story has a lesson that teaches us something.

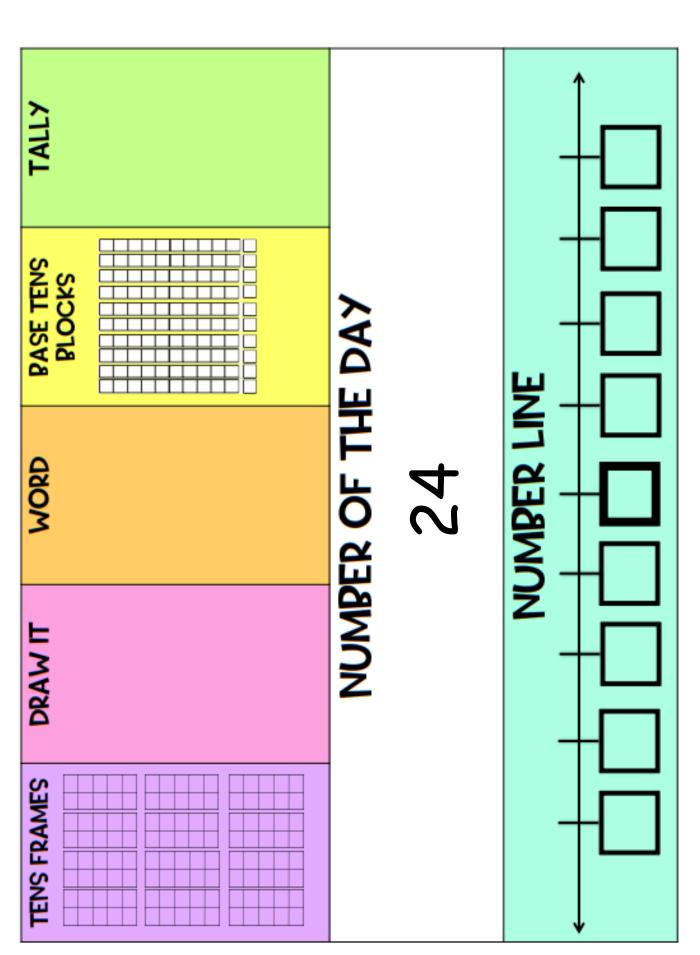
The moral in "How the Birds Got their Colours" is that a good deed will be rewarded.

Activity - Just like the bird, we can do good deeds in our everyday life too! What's a good deed that you have done recently? Maybe you helped to clean the house or helped a sibling when they were hurt. Draw a picture of a good deed you have done and write a sentence explaining what the good deed was!



Listen to Ms Koikas read "How the Birds Got their Colours" to complete the activity. <u>https://bit.ly/2Xk5ddC</u>





# Maths



# Science

We are learning to identify Earth's resources and how we use them.

Everything people make uses Earth's resources, these are known as natural resources.



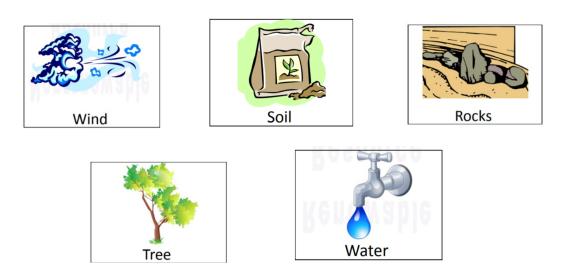
Go outside into your backyard or go on a walk with an adult and see if you can find any of these natural resources. You might want to take some photos too and upload them to your portfolio.

Don't forget to be safe by doing this with an adult and also wear a hat.

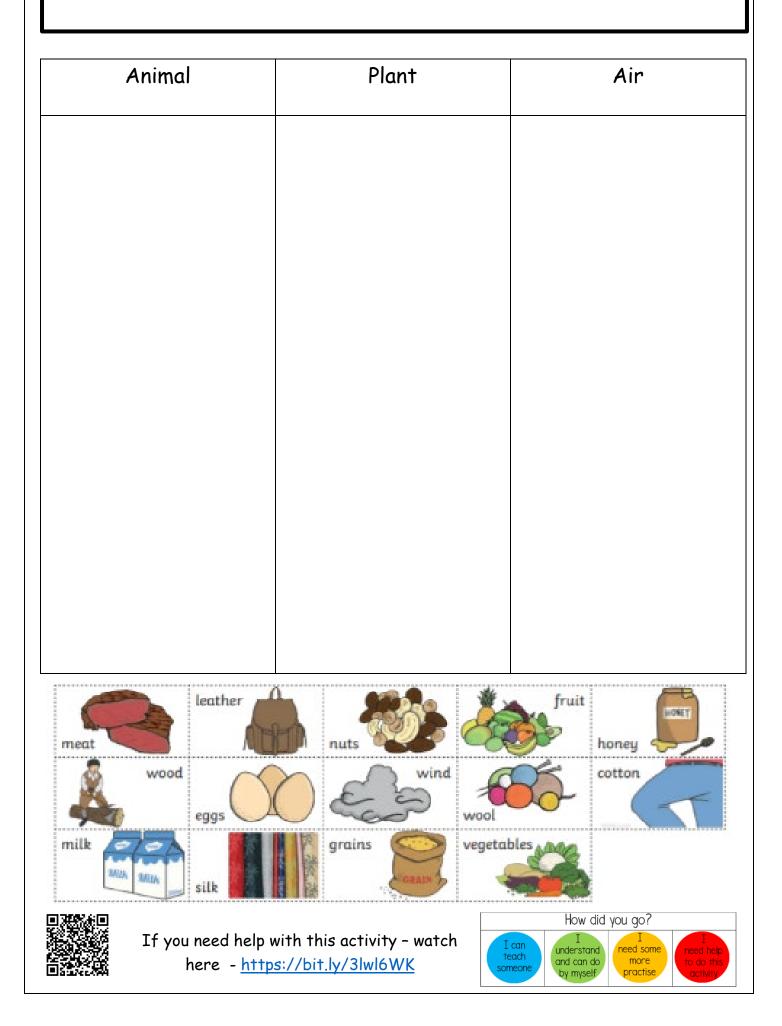


Watch the video about natural resources.

https://bit.ly/2YN2Yjp



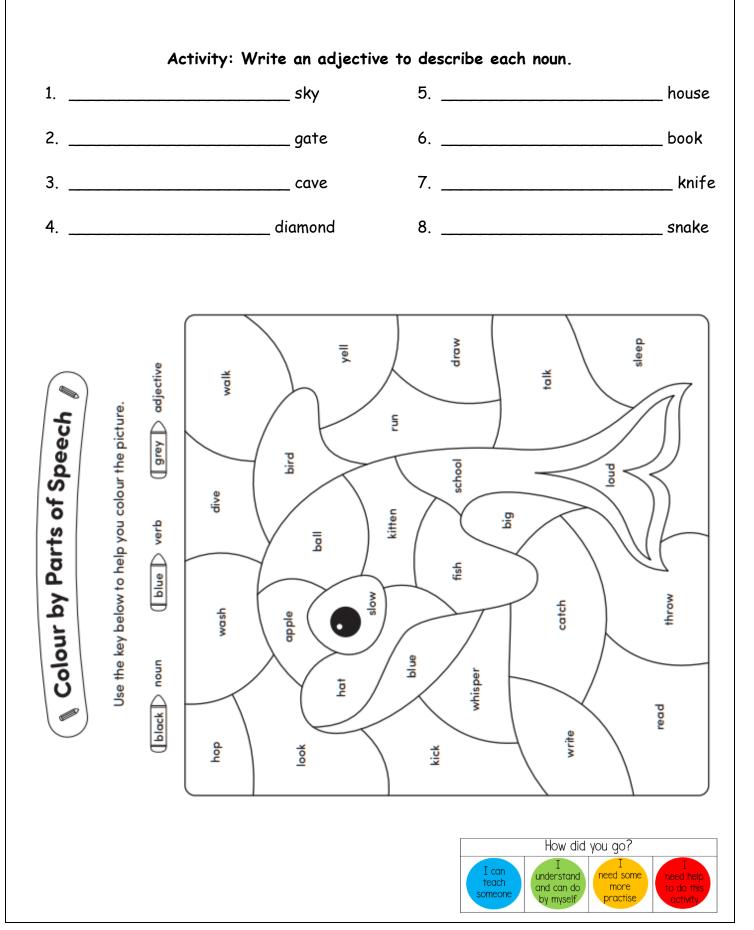
Have a look at the pictures below and draw the pictures in the correct column.



Must	Tuesday Spelling Have you practised you words today? Go back spelling list and complete cover, write, check.	to your
	ek we are looking at the/z/ pl an be represented by /z/ - z,	
•	used the strategy of checking ur the box with the correct sp	-
squeez	squeeze	squeese
buzz	buz	buse
cruise	cruiz	cruizz
amasing	amazing	amazzing
zzipper	zeipper	zipper

# Adjectives

Adjectives are describing words. They are used to describe nouns (people, places or things). For example: A <u>big</u> tree is in the garden OR The <u>brown</u> dog is on the mat.



	No	uns	
Revision:			
What is a noun?			
Write an example of a	proper noun.		
she	iem + him +	Pronouns are wo	r <b>onouns</b> rds used to replace a noun. ner, she, her
Read	proper noun = use a pronoun	Boy = I	his, him, he
	each word. Using colour Common na proper noun = use a pronoun	Boy = 1 red pencils colour in the oun = green capital letter - red s = blue.	his, him, he
Read mMrs gGarcia	each word. Using colour Common na proper noun = use a pronoun Here are sor they	Boy = 1 red pencils colour in the oun = green capital letter - red s = blue. ne examples: <u>school</u>	his, him, he e box: <mark>{Liverpool</mark>
Read mMrs gGarcia he	each word. Using colour Common no proper noun = use a pronoun Here are sor they summer	Boy = 1 red pencils colour in the oun = green capital letter - red s = blue. ne examples: <u>school</u> books	his, him, he e box: <u>{Liverpool</u> january
Read mMrs gGarcia	each word. Using colour Common na proper noun = use a pronoun Here are sor they	Boy = 1 red pencils colour in the oun = green capital letter - red s = blue. ne examples: <u>school</u>	his, him, he e box: <mark>{Liverpool</mark>

Using the words in the box above, complete these sentences using the correct noun.

1. We can see all the teachers when we go back to \_\_\_\_\_.

2. On \_\_\_\_\_\_ we go into the garden to pick \_\_\_\_\_\_ with \_\_\_\_\_.

- 3. In \_\_\_\_\_\_ we celebrate Australia Day and the season will be \_\_\_\_\_\_.
- 4. "That is \_\_\_\_\_\_ pencil" said the teacher. "Give it back to Sarah, \_\_\_\_\_\_ dropped it'.





Dreamtime stories include nouns, verbs, and adjective. Complete the closed passage below using the words in the box to fill in the blanks. Each word is either a **noun** (person, place, or thing), a **verb** (an action word such as created) and or an **adjective** (a describing word). Write the nouns in green, verbs in red and adjective in blue!



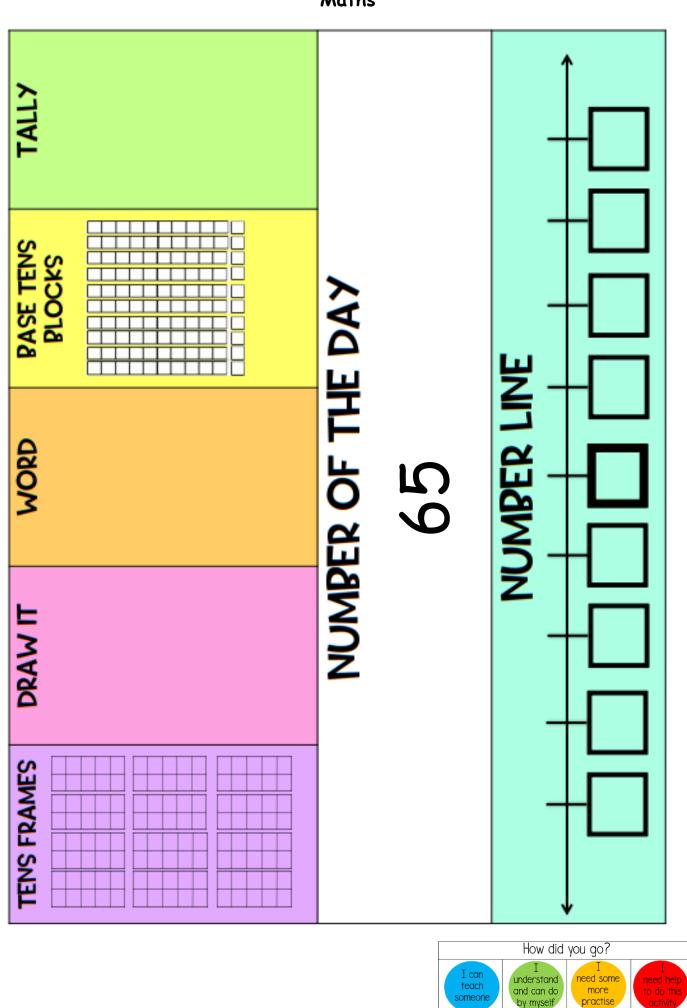
Listen to Ms Koikas read "How the Birds Got their Colours" to complete the activity <u>https://bit.ly/31m2TuH</u>



# **How the Birds Got Their Colours**

Use the following words in the box to fill in the missing parts of the story.

birds	thanked	black	created	colour
swollen	colours	delicious	happy	branch
wondering	birds	foot	pain	stick
rainbow	colours	parrot	crow	spots
Long, long ago in th	ne Dreaming when	all of the land and	d animals were bei	ng
	, all the bi	rds were	i	n colour.
They did not have a	iny bright or fance	y colours on their f	eathers. They were	all just one
Until one day, a litt	tle bird flew aroun	d looking for food.	The little bird flew	closer to the
ground to catch a b	ig, juicy and		looking grub. V	Vhen the bird flew
close to a tree, he lo				
	_	him very, very		
For days and days,	the little bird was	in so much		. He lay on the
branch with a big s				
Soon after this, all		-	-	
the sick little bird,				
one birdthe				
anything to help.				
Then suddenly, a		rushed forw	ard towards the s	ick little bird.
With her very sharp	and pointy beak,	the parrot burst th	ne little bird's swol	len foot. Many
different	rr	ushed out and spla	shed all over the p	arrot. There were
reds, greens, blues,	yellows and all th	e other colours of t	he	All of
the wonderful brigh	it colours ran dow	n her chest, wings	and tail. The colou	ırs also splashed
out onto the other l	oirds. Some were r	ed, some were blue	, some were brown	and some were
yellow. Some birds	were lucky and ev	en got	and	l stripes too.
All the animals look	ed around to see k	now lovely and colo	urful they looked	All of the
				-
	were		and excited, exc	ept for crow, who
was standing far aw				
The sick little bird so	oon became better.	. He	the po	irrot for helping
him with his		foot and then fle	w away.	
And that's how the		got their c	olours!	



someone

practise

by myself

Maths

Click the link or scan he QR code to join Mrs Azmi for todays lesson: <u>https://bit.ly/2Xa6fIQ</u>



SCAN ME	
Draw a cat <b>on</b> the table	Draw a dog i <b>n</b> a box
Draw an apple <b>under</b> a table.	Draw a bird <b>beside</b> a nest.
Draw a boy <b>in front of</b> a chair.	Draw a girl <b>behind</b> a tree.
Draw a ball <b>between</b> two shoes.	Draw a doll <b>inside</b> a toy box.
Draw a chick <b>outside</b> a box.	Drawn a cow <b>next to</b> a gate.



# Geography

We are looking at places around. With a partner (mum, dad, brother, carer, uncle etc) have a discussion with the questions below:

Where have you been around the world? Where were you born? Where were your parents born? Is there a place that your family visits often? Why do you think you visit this place often?

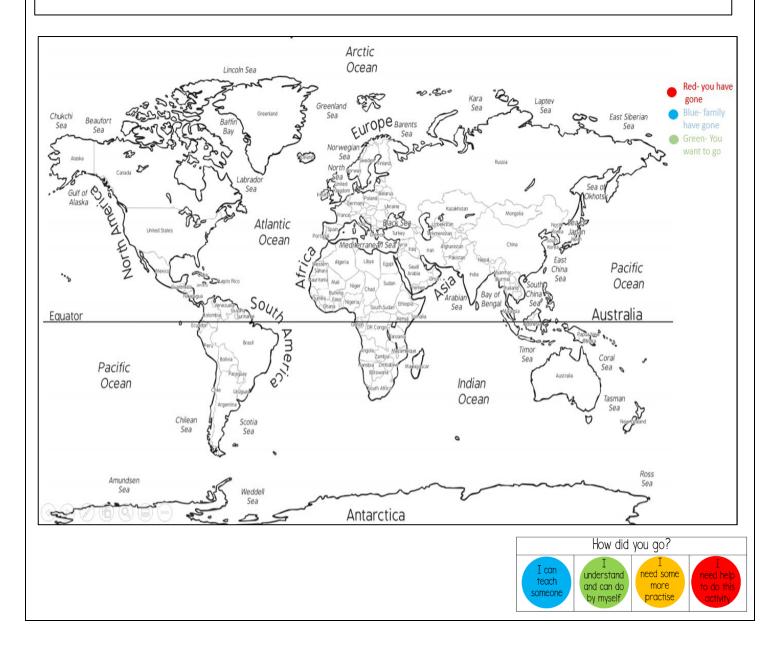


Click the link or scan the QR code to join the lesson with Miss Adie: https://bit.ly/3k5D8z

On the map you are to mark the following:

- Red- you have gone
- Blue- family have gone
- Green- You want to go

Make sure you write why the person has gone there. Was it for a holiday? To visit family? For work?



# Wednesday Spelling



Have you practised your spelling words today? Go back to your spelling list and complete look say, cover, write, check.

Manday	Tuesday	Wednesday	Thursday
		·	

Write the word Say the word	How many phonemes?	W				phon neme		<b>x</b> .		cky •†?
e.g.breeze	4	b	r	ee	ze				ee	ze

**Bonus:** Click the link <u>https://bit.ly/2Xsz7fZ</u>. Using this website make your words using the word work mat. You can use the letters on the left hand side for a range of different graphemes.



Click the link or scan the QR code to learn how to complete this task: <u>https://bit.ly/3lo2s3h</u>



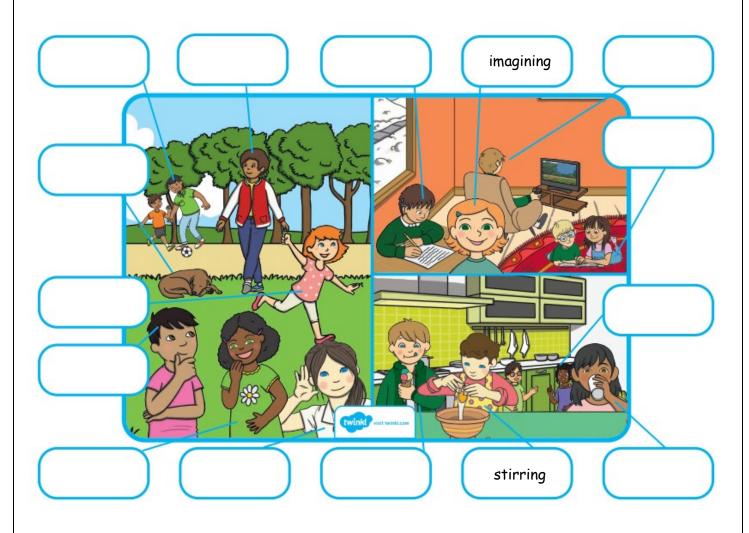
# Verbs



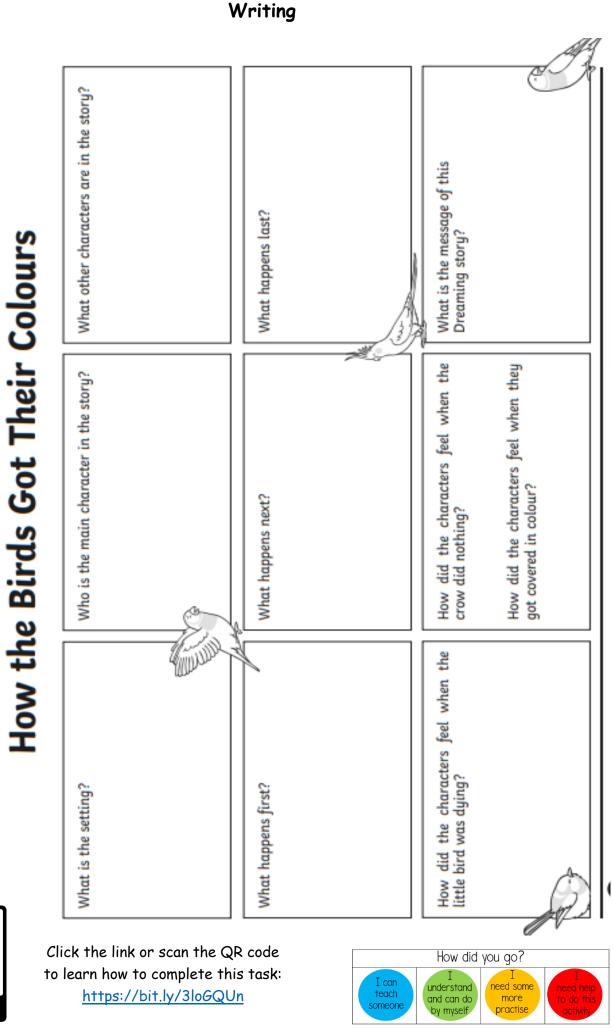
Look at the picture below, label the noun with a verb- action verb or thinking verb.

Thinking verbs – a thinking verb tells the audience how the noun is thinking eg. wonder, imagining, believing.

Action verbs – an action verb tells the audience what the noun is doing e.g. dance, draw, sing, run, hug



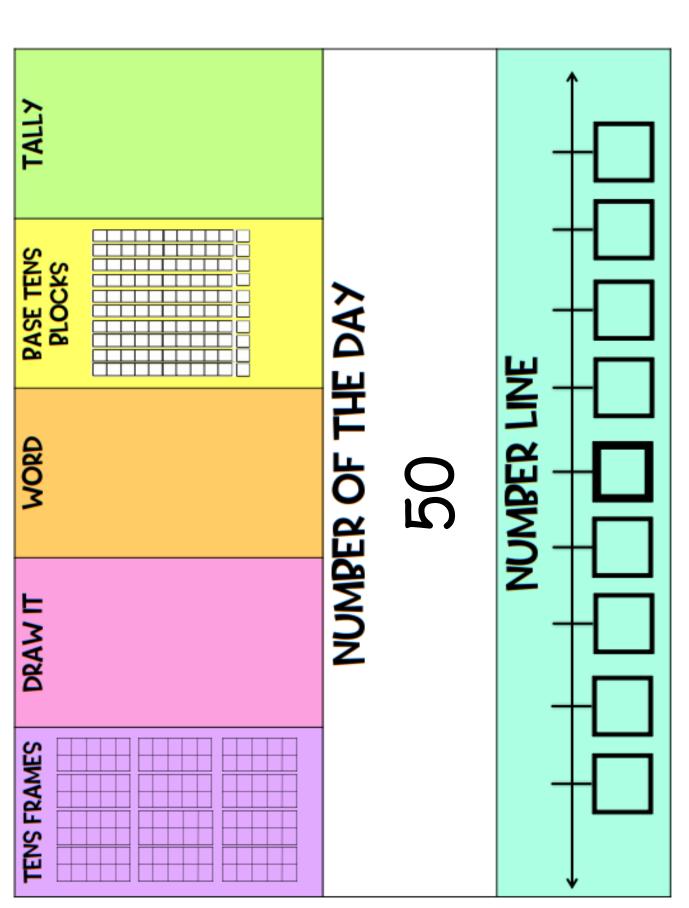




回校

回知日

SCAN ME

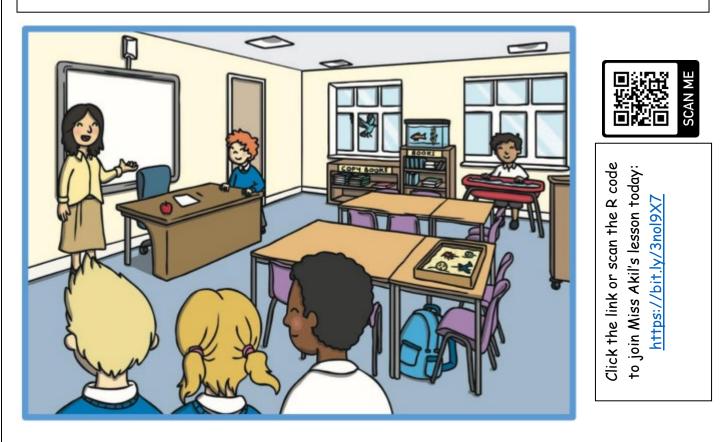




## Maths

# Choose 3 objects from the picture below and write a sentence about the position of each object.





1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_



# Personal Development and Health - Safe Living

Car Safety

Match the safe practices when travelling by car with their pictures by drawing a line.









Check for traffic lights

Use a booster seat

Buckle up your seatbelts

Child safety locks



# Thursday Spelling



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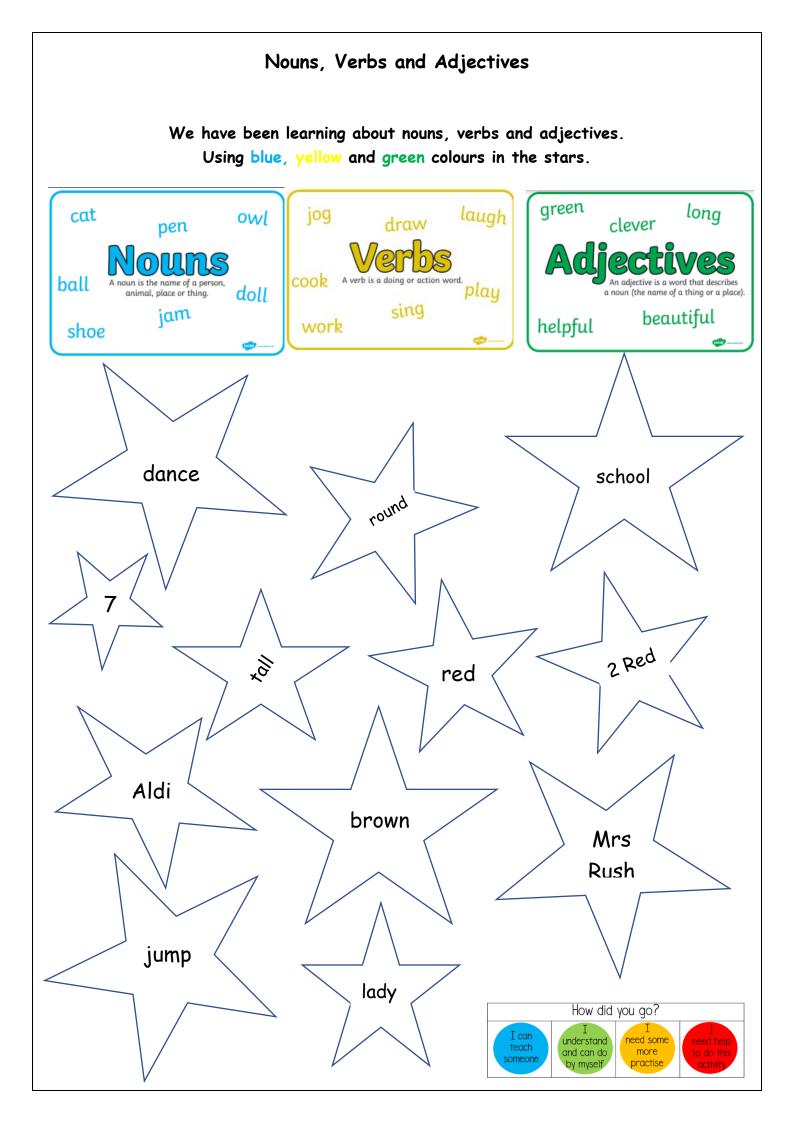
 Have you practised your spelling	Handay	Tuesday	Wednesday	Thursda
words today? Go back to your				
spelling list and complete look, sav				
cover, write, check.				

#### Activity: Using your list words for this week:

- 1. Write spelling word
- 2. How many syllables in the word?
- 3. Record your words using rainbow sounds.

Spelling word	How many syllables?		Rainbow sounds	
e.g. pickle	pick / le	2	pickle	





# Writing

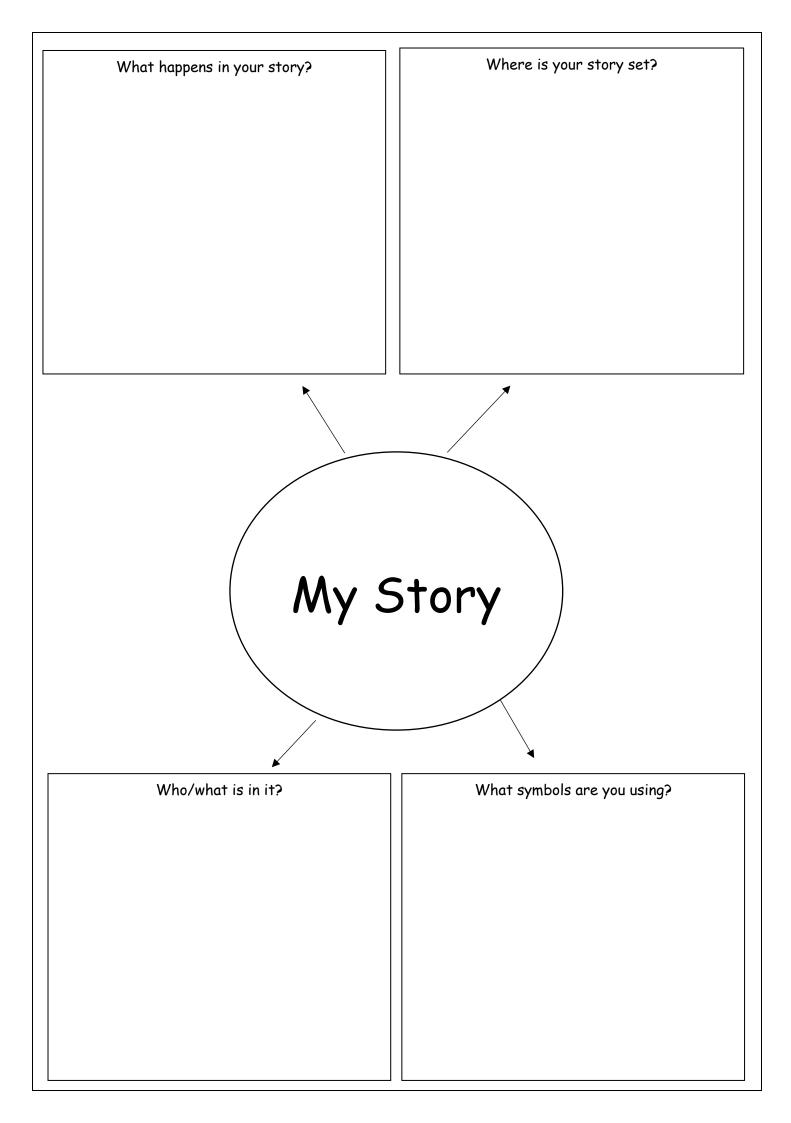
Click the link or scan the QR code to JOIN Mrs Koikas for todays lesson. https://bit.ly/3loUFSr



Story telling - Storytelling is an oral (talking) tradition. It is when Aboriginal Elders would share Dreamtime stories to the younger generation. Storytelling could also be told through art, carvings or paintings. Using the Aboriginal symbols on the next page, create your own story! Use the planning page to help you write out and organise your story. You will need this plan tomorrow.

#### **Aboriginal and Torres Strait Islander** twink **Peoples Symbols in Artwork Word Mat** digging or clapping sticks ants, fruits, boomerang bush berry campfire emu flowers or eggs people sitting hunting meeting place human tracks kangaroo moving kangaroo boomerang tracks tracks 0 sandhill star resting place snake spear person or cloud 01.] E E E E F animal tracks emu tracks goanna tracks rain witchetty grub waterholes connected by running water





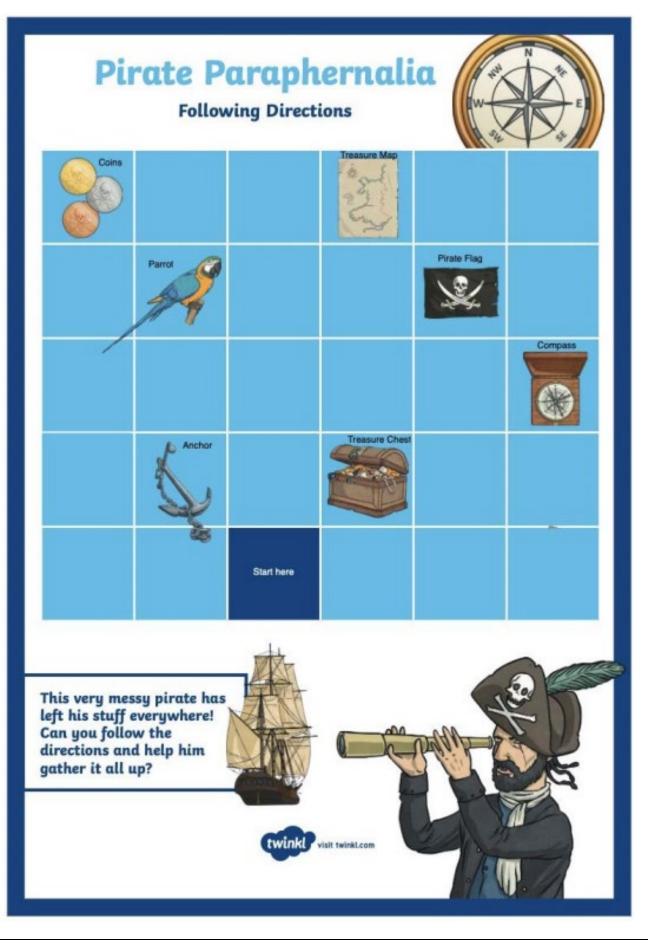
TALLY		
BLOCKS	EDAY	
MORD	ABER OF THE DAY 73	
DRAW IT	MUMB	



.Maths



Click the link or scan the QR code to join Mrs Azmi for today's lesson: <u>https://bit.ly/3hw3vg4</u>

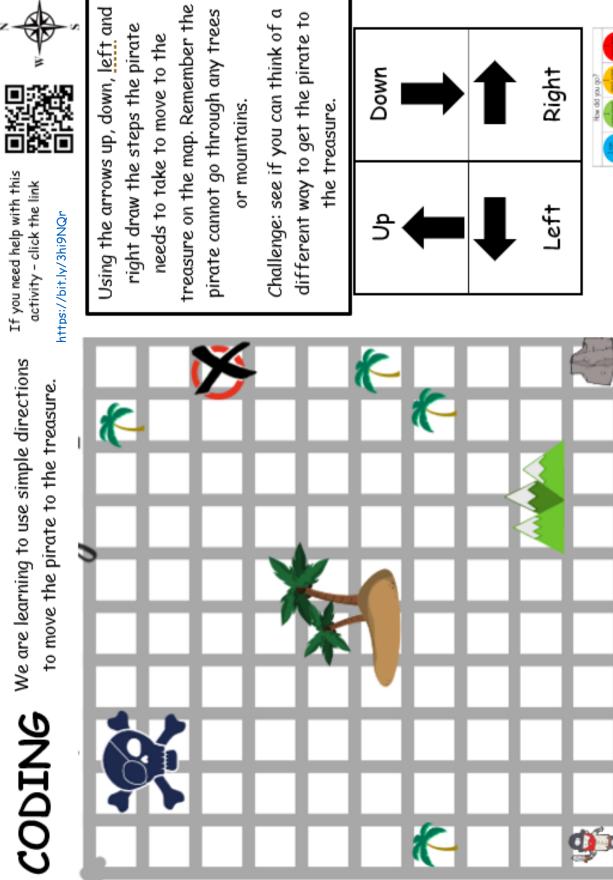


# **Following Directions**

For each direction start from the dark blue square. Follow the directions and write down the object that is in the blue square.

1. Right 2, forward 3 =						
2.Forward 2, right 1, forwards 2 =						
3.Forward 3, Left 1, back 2 =						
4.Right 3, forward 1, left 2 =						
5.Forward 2, right 3 =						
6.Left 1, forward 3, left 1, forward 1	1 =					
7.Forward 4, left 2, back 1, right 1 =						
Forward Back	Left Rigt How did you go Understand teach someone Understand ov myself	? ome e to do this				

If you need help with this activity - click the link







Coding



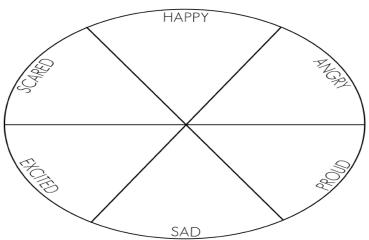
CAPA – Drama

Click on the link or scan the QR code for today's lesson: <u>https://bit.ly/3Cb96Rb</u>



What feelings and emotions do we already knowabout? How can they affect us? Now, watch this short clip and add any emotions you may have missed in a coloured pencil: <u>https://bit.ly/3tyxIAa</u>







Now choose one emotion from your wheel and act it out. Record and upload to class dojo.





# Free Choice Friday





## Nature Walk Scavenger Hunt

Using the checklist, go on a COVID safe walk with a family member. Take your checklist with you and marker off all the links you can find.



## Writing

Using your knowledge from this weeks writing focus: Aborignal Dream Time stories. Record yourself reading your story that your wrote on Thursday. Don't forget to use expression and engage the audience.



## Rainbow Fruit Sticks

Using different coloured fruit, create rainbow fruit sticks to share with your family. You may like to record yourself creating the fruit sticks to share with your class.



# **Cloud Painting**

When the clouds are in the sky, Go outside and lie, What shapes can you see, What can they be, Have a chat with friend, About what the clouds could be. See example at back of booklet.



## Mindfulness

Using an old plastic bottle, create a glitter jar using the instructions at the back of the booklet. Once you have made your glitter jar, you may like to find a quiet space, play some quiet music and watch the glitter fall in your bottle.



#### Recycle and create!

Using things from around the home; empty tissue boxes, toilet rolls, straws, boxes. Create something! This might be a robot, a house or a small city. Take a photo and upload it to Class Dojo.



Writing



# Oral story telling

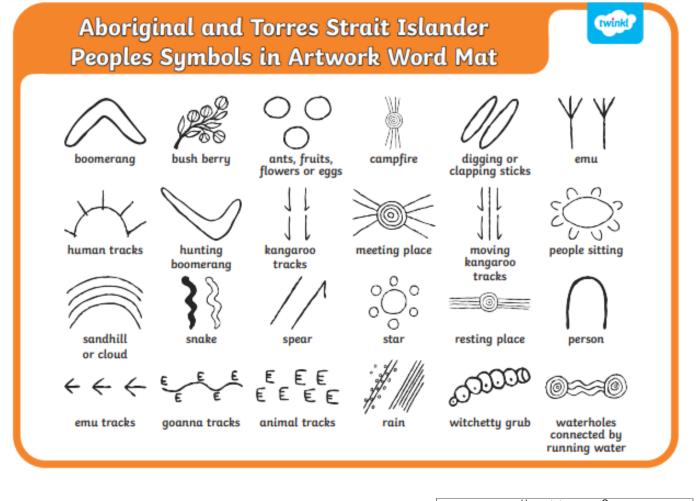


https://bit.ly/3k8xdty

Story telling - Storytelling is an oral (talking) tradition. It is when Aboriginal Elders would share Dreamtime stories to the younger generation. Storytelling could also be told through art, carvings or paintings.

Yesterday, we used the Aboriginal symbols on the next page to plan our story! Today, you are going to record yourself orally (speaking) sharing your story.

Record yourself saying your story that you created yesterday and post it to Dojo!





# Nature Walk Scavenger Hunt

Mark each item as you find it. Can you find five in a row?

worm	leaf	insect	grass	flower
s	P			
twig	bush	rocks	bird	squirrel
A	C		↓	R
river	field	tree	cloud	spider
	or meadow			AN
dirt	ant	butterfly	mushroom	dew
	M		CO	
web	breeze	branch	nest	stones
	29			
twinkl				visit twinkLcom



Finding a jar or plastic bottle and allow your child to decorate it however they like.

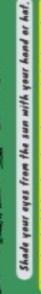
Fill the bottle up 3/4 of the way with water. Next, add clear glue, food coloring, and glitter then shake.





A creative thinking exercise for your brain ccrowenceum - use magemanow to catant news in New Wars.

CCT CURRICULUM - USE IMAGINATION TO CREATE THINGS IN NEW WAYS, IDENTIFY AND DESCRIBE IDEAS DURING A DISCUSSION, CHANGE FRASFECTIVE  On a partly cloudy day go outside with a friend, lie down on the grass and look up at the sky.
Look at the different combinations of cloud shapes and patches of blue sky. Keep looking until you start to 'see' shapes that look like people, places or things.
Imagine the whole sky is your canvas and try to make the surrounding clouds a part of your 'painting' also. (For example, '1 can see Santa standing next to his sleigh, and that cloud over there is his bag of presents!")
Describe to your friend the scene that you've imagined. Ask your friend if they can 'see' what you can see.
As the clouds change and move along with the wind try to imagine different cloud paintings.



Be patient. It takes time to make a good cloud pointing.

Change your viempoint (rotate your body) and imagine other possibilities.

INDOOR CLOUD PAINTING? Get a computer or device and go to the Cloud Appreciation Society website – https://cloudappreciationsociety.reg/gallery/ and look of photos of clouds, took at each picture and Imagine different cloud paintings. Describe to your teacher or another student what you can see.

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